## **Revision BKP 103**

- 1. Explain 5-Elemnet principles, ko and sheng cycles
- 2. Colours and sounds of the elements
- 3. How do you use cl-ing?
- 4. Revision of the 8 yin muscles
- 5. What is a yin-with-love balance?
- 6. Explain a yin fix-as- you- go balance
- 7. How do you balance the 5-Elements according to the laws. What is a 1 point balance?
- 8. How do you test for an emotion? Why add an emotion when doing corrections? What can you do if you find the meridian but not the emotional word?
- 9. Vertebral Reflexes, where are they and how do you use them. For which condition is this the favourite correction?
- 10. Why do we challenge a correction? How do you challenge a correction?
- 11. Why do we do pre-tests and pre-activities.
- 12. How do you use food to strengthen a meridian?
- 13. Procedures for colour balancing. What options do you have if you know the colour, but none of the emotions in the colour balance list shows up?
- 14. How do sounds control each other? What do you do if a person needs a sound balance and needs to shout, but they feel they can't?